

# IGNITE SPORT TRUST IMPACT REPORT

January – December 2023



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Young people inspired and communities impacted.

### OUR MISSION

Supporting all people to reach their full potential and succeed in life, education and sport.

Encouraging all young people to consider their character, values and hauora.

Creating opportunities for people to make a difference in their community.

Collaborating with our wider community in order to achieve more together.





# Chairperson's Report

We have much to celebrate and be exceptionally grateful for in 2023.

The work Ignite Sport does and the team who do it are inspiring. There's some great reading in this report and no matter which part interests you, it's pretty clear that there is a need for people of heart and character to be alongside young people and influence them for good. As young people live in an ever-increasing changeable world, the need also grows for those who have vision, skills or resources to help grow the work. Whether it be supporting those who work alongside young people or helping grow the infrastructure needed to enable the running of an organisation, people are needed. So if you see an opportunity where you could contribute or be involved, come and have a chat.

We are grateful for our Board of Trustees who faithfully serve in the background. Mike Woods has decided to finish his time as a Trustee for Ignite Sport having been involved since it was established in 2007. We are thankful for his contribution and commitment.

Finally, I can't say enough to recognise the amazing team who continue to do the mahi. We are so thankful for our staff, their families who support and encourage them, and our volunteers who faithfully serve young people in our communities to create opportunities for them to be leaders of themselves and others.

This is my challenge to you for 2024 if you aren't already: Dare to be involved - you never know what a difference it could make.

Raewyn Young Board Chair

# CEO's Report

I often stand in the middle of Bell Park and look back over the new artificial courts and refurbished Ignite Sport Centre. I continue to be amazed at what we have all achieved together in creating a home for Ignite Sports activities and a place where young people and the wider community can draw life from.

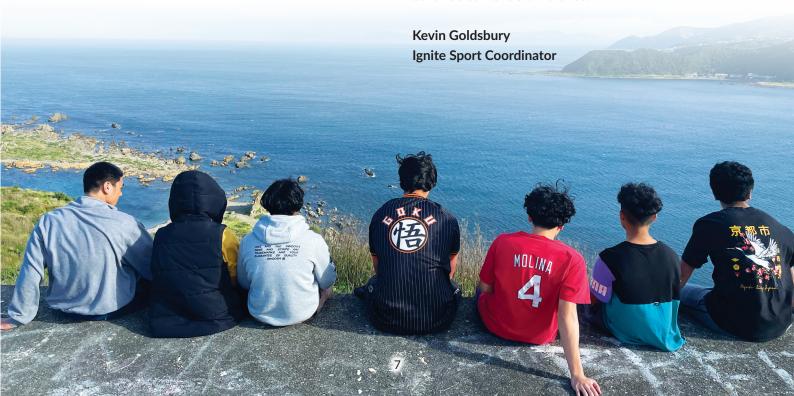
There is a whakataukī that says - Ehara taku toa i te toa takitahi, engari he toa takitini - My success is not mine alone, but it is the strength of many. Many people have invested into this unique whare, from professional services, trades people and suppliers, volunteers, grants given by various trusts and many individuals who have generously donated. Our dream was always to finish the Ignite Sport Centre to a high standard, be a unique multi-use facility and be fully debt free. Together we achieved this and what an immense privilege it was to ask four young people who have journeyed with us to officially open our whare.

However, there is no greater investment than building into the lives of young people and 2023 provided an opportunity to establish, post Covid, further connection and relationships with young people and provide much needed support. There is nothing better than seeing a life transformed, seeing young people dream and make positive choices that will determine their future.



It has been a personal dream of mine that, in the future, Ignite Sport will be led by people who have come through our programmes. This year we celebrate as four young people have now joined our staff team to pass on their learnings, experiences and wisdom to the next generation. Ignite Sport is in good hands.

Thank you again to those who faithfully support our mission and believe in what we do. Together we will continue to make a difference.



# **Top IMPACTS**

We are amazed at what we have achieved together.

1609

Young people impacted by Ignite Sport programmes & mentoring

2142

Hours of engagement with young people

393

Days of engagement with young people

46

Individual programmes delivered

11

School partnerships

41

**Community Partners** 



# Youth Development Programmes

We believe early intervention and teaching of important life-skills will help build resilience, develop well-being and help young people make positive decisions for their future. Our programmes assist young people to realise their full potential in education, sport and life generally with mentoring, practical learning experiences used alongside learning workshops to help engage, motivate and inspire. Programmes encourage development of character, life-skills, personal values and leadership in school, sport and community. The programmes are graduated from Year 9 (life-skills and transition to college) to Year 13 (senior leadership, mentoring and service to school and community). Practical workshop sessions, adventure-based learning experiences, teambuilding, and skill sessions are used to reinforce this learning and gives critical life skills and tools to young people at a vulnerable time in their life.

#### Highlights of 2023:

- Tongariro Crossing Trips were back for the Year 11
   Ambassadors groups. After these trips happened, we really noticed how much we and young people missed this experience.
- The Ignite Sport Centre has been a 'gamechanger' for all programmes. Young people love the space and get excited by it. Programmes have felt different being in our own space as it has felt more like a home and we have been able to build connections better as the space is built for this.
- Awesome to see so many Ignite young people be selected for leadership roles in 2024. They are awesome and will do great things.

#### **Looking Ahead:**

- The year 10 Ontrack groups had awesome vibes and we are excited to continue the leadership journey with these young people as year 11s.
- Developing our leadership workshops & activities to make them fit for the ever changing needs of young people.
- Continuing the engagement with young people through the annual Sports Camp at Totara Springs.

#### PARTICIPATING SCHOOLS:

Heretaunga College, Hutt Valley High School, Naenae College, Porirua College, Raphael House Rudolf Steiner School, Taita College, Titiro Whakamua – the Hutt Valley Teen Parent School, Wainuiomata High School.



""The Ignite Sport programme has had an impact on me and has helped me develop as a person from Year 9 to Year 12. It helped me get out of my comfort zone with the number of opportunities and activities I have had. The programme has helped develop my personality and how I see and look at things in the world. It has improved my leadership skills by showing me how to lead others. The confidence I have gained has encouraged me to seek leadership opportunities at school. It has helped me create stronger relationships with my peers and friends as we learn to work together. "

Young man from Taita College



# Youth Development Programmes Intermediates

Our Intermediate programme shares the message that 'before you are a leader, it is about growing yourself & when you become a leader it is about growing others'. Our programme aims to help students enhance their character, to connect with their peers & to become encouraging leaders both in & outside of school. The programme encourages inclusivity, teamwork and recreation while teaching life skills that enable students to take on life and to be better equipped to make positive choices.

Life skills components include: identifying gifts/talents, self-worth, building confidence and resilience, supporting others, setting goals, identity – who I am, values, effective communication, and an introduction to leadership and different styles.

An investment into early years is critical if students are to get the very best start in life and ultimately reach their full potential in later years. This is why we deliver the Intermediate programmes.

#### Highlights of 2023:

- It is the second year with some of the young people in these groups and seeing their confidence grow as they set the culture of positivity and an eagerness to get involved. This allowed those who were new to the journey to feel connected and confident in themselves and their leadership.
- It has been amazing to learn about their dreams and goals for their life.
- The students taught us new games and activities they love to play (cool to have an opportunity for them to teach us something).

#### **PARTICIPATING SCHOOLS:**

Avalon Intermediate, Maidstone Intermediate and Maungaraki School



#### **Looking Ahead:**

- Continuing to engage with young people at Maungaraki School, Maidstone Intermediate and Avalon Intermediate providing leadership programmes.
- Continuing to support these young people as they learn more about their gifts and talents and what that can mean for their leadership as well as reminding them of their value as they journey through school, with whānau and in their community.

"The best part about this programme was how it teaches me new ways to set goals and be a better person. I learnt that a lot of small steps are better than fewer big steps. This programme changed me by making me a better person."

Maungaraki School student.



### Oho Ake

This is a specialised youth development programme for young people who are identifying as disengaging from school, their whānau, their personal wellbeing and/or their community. Many of these rangatahi are lacking in positive role models, therefore one of the key components of Oho Ake is the ongoing mentoring of these students by the Ignite Sport youth development workers. Providing new sports and activities encourages these young people to try new things, often out of their comfort zone, and to achieve success, gain confidence and to keep going even when things get hard.

#### Highlights of 2023:

- A three day Oho Ake Graduation Camp, featuring snow!
   An opportunity most young people in attendance hadn't previously experienced.
- Beginning the first Oho Ake journey at Avalon Intermediate and seeing/hearing from the young people the depth of growth they've experienced so quickly.
- Noticing how the environment of Oho Ake allows young people to be themselves, we know that's not always possible in their other contexts.
- The positive impact a consistent home base has had on the effectiveness of creating a safe, consistent environment.

#### **Looking Ahead:**

- We are continuing to expand our team's capacity, adding a new Oho Ake co-ordinator in 2024.
- Continuing our needs based, responsive youth development delivery to best engage Oho Ake rangatahi.
- Whānau connections of Oho Ake graduates beginning their own Oho Ake journey. A clear example of the effectiveness of programme longevity.



#### PARTICIPATING SCHOOLS:

Avalon Intermediate, Hutt Valley High School, Maidstone Intermediate and Naenae College.

"In all honesty this programme has taught me to survive. Its changed me into a better person and shown me how to be the best I can be. It's shown me to not be afraid and make the most of the life I love. It's helped me grow. The best thing about being in this programme is the bonds I've created with not only the girls but the leaders also. The memories made are ones I will cherish forever. Best four years ever. "

Oho Ake young wahine



## **Empower**

This programme is designed specifically for students connected with school supported learning centres. It utilises the International Duke of Edinburgh's Award as its core component in inspiring students to challenge themselves, develop confidence and set goals they might not have thought possible before. Our staff journey alongside the students, facilitating opportunities for them to take part in activities for their Award, tailored to their abilities.

The Award is wrapped around 4 main sections; Service, Skill, Physical Recreation and the Adventurous Journey, giving students the chance to participate and develop their abilities in a wide range of activities, whilst having new experiences and meeting new people.

#### Highlights of 2023:

- Some autistic students now eating a wider range of foods based on what we provided for them on overnight trips and programme days.
- Isolated students starting to connect in weekends with friends they have made within programme.
- One student who does not have any hobbies or interests in his own time is now looking at re-joining Scouts because of his experience on our programme.
- Students completing the overnight journeys when a night away from home has been quite a challenging concept.

#### **Looking Ahead:**

- Continued partnership with Chip Packet Project NZ, Croquet NZ, Upper Hutt Fruit and Veg Coop.
- More adventures in the bush. More opportunities to set achievable challenges for students.
- Empower programme days and groups being a place where students feel accepted, challenged, welcome and part of something special.



"The best things are all the activities we do because I get the opportunity to spend time together with my group. It's great to be outdoors when the weather is OK. I get the chance to do things I probably never would if I didn't do Empower. I have learnt to trust people. I have realised people can leave and I can still enjoy myself and build friendships with new people. I was worried when Jessie left but it has been OK."

Empower young person



### **Fusion**

Fusion supports former refugee and migrant young people in the Wellington Region and Palmerston North through youth development and mentoring programmes. These provide recreational activities, life-skills, leadership development, encouragement of personal and social skills and an introduction to local community activities and opportunities. It promotes a sense of connection, belonging and participation among young people new to New Zealand.

These programmes include: Fusion Resettlement programmes in Palmerston North and Wellington; Fusion Plus – an after school programme which provides ongoing and regular connection with young people in Lower Hutt; Fusion HVHS (Hutt Valley High School) and Fusion Naenae (Naenae College) which support former refugee and migrant young people in their school community.

#### Highlights of 2023:

- Connecting with the young people in Masterton and hearing the challenges they face in a small town and their appreciation for Fusion Masterton.
- Luis Perez, the ChangeMakers Community Connector for Youth and Families joining us for Fusion Wellington. He also joined us for a Fusion NNC session where along with his former colleague, Batool Arif, they shared their wisdom of negotiating different cultures with the young people.
- Bumping into a number of former Fusion participants and having them share the difference being part of Fusion made to their lives

#### **Looking Ahead:**

- In the Fusion schools' programme the theme next year is looking outside and we look forward to encouraging the young people out of their comfort zones and into trying new things and meeting new people.
- More opportunities are coming for us to engage with other community groups supporting ethnic background communities. We look forward to welcoming their young people into our Fusion whānau.

#### **ETHNICITIES INCLUDED:**

Afghan, Bhutanese, Burmese, Chinese, Colombian, Eritrean, Filipino, Indian, Libyan, Karen, Palestinian, Rohingya, Somali, South African, Sri Lankan, Syrian, Ukrainian and Vietnamese.



"That everyone is welcome and accepted as who they are no matter where they come from. Ignite staff shows love and care to all of us. The staff encourage us to not be afraid to speak our mind and be confident in ourselves. It was fun." Naenae Fusion young woman

"The best thing about participating in this programme is having the opportunity to make new friends and feel more confident about myself."

**HVHS** Fusion young person



# Gateway

Ignite Sport had the privilege of having Mikayla Sola as a Gateway student providing practical work experience for her interest in being a youthworker in the future. She supported Ignite Sport's initiatives at Porirua College, Taita College and Maungaraki School.

Mikayla has been appointed as the Head Girl at Hutt Valley High School for 2024.



#### Mikayla's feedback of her Gateway time with Ignite Sport

I really enjoyed my experience at Ignite. Working with young people has always been a part of my goals in life. The most beneficial thing I took out of most of the programmes I was a part of would be the Kaupapa Ignite has around the workshops and the way they share it for the young people to understand clearly. The staff are all lovely and do not ever make me or anyone in their space feel unwelcome. They have supported me since they day I walked into the office whether that be with my sport/outside life or even with working with young people.

The young people – they have taught me heaps. It made me appreciate everything a lot more. Working with our rangatahi that may not have a lot or rangatahi that have different walks in life. I am also grateful for the opportunity to share my view with the young people.

Overall, Ignite Sport has been very, very good for me to become a better future youthworker. I'm very grateful for the opportunity and really am looking to growing more.

Ngā mihi tino nui Ignite family,

Mikayla

## Sports Camp

Over the weekend of the 7th – 11th December 2023, Ignite Sport Youth Development workers and 35 young people from Heretaunga, Taita, Porirua and Naenae Colleges and Wainuiomata High School attended the Totara Springs Sports Camp in Matamata.

During the course of the weekend, the young people had the opportunity to play a wide range of sports, create new friendships, continue to be mentored by the Ignite Sport team and be impacted by the messages shared. This was a significant time for these young people especially being senior students with many crucial life choices being made. The group were able to travel up a day early then stay for an extra night after camp and travel back on the Monday. This provided the opportunity for continued conversations and debriefing from the weekend.

This camp continues to be a significant event in many of the young people's lives who journey with Ignite Sport and it has become a key event in the Ignite Sport vision.





"The great culture that there was of feeling accepted and included even when I didn't know many others and making some new friends along the way. Being able to give sports a go even when I wasn't the best and being encouraged throughout it all. "

"The vibe the Ignite team had, the positive energy, being happy and enjoying watching everyone playing their sports and being super proud for everyone. One of the best bits about camp is that you aren't on your phone or worrying about other stuff. You just get to be with people & be in the moment. Also I had fun!!! Thank you."

Young person who attended Sports Camp



# New Ignite Sport Centre Development

To again have young people on site makes such a difference for the team. Mentoring and delivering programmes and hearing laughter around the building continues to inspire us all at Ignite.

At the very end of 2022, we were finally able to move in. The journey up to that point had been longer than intended yet it has been filled with many stories of generosity and new connections with people in the community. It is also extremely rewarding to see the building full of young people making it their home, having a space to feel safe to be themselves and to create new memories.

To celebrate we hosted an official opening of our building in April. Over 350 people came together over the weekend to connect, tour the building and pray a blessing on it, the young people and the engagement that will occur here. As a team, we are extremely thankful for the privilege of having this space to work in and we don't take for granted the generosity of so many people.









# Thanks to Our Supporters & **Funders**

Ignite Sport Trust is a Charitable Trust and relies on the generous support of our donors, funders and partners.

Thank you to our large number of personal supporters and funders that enables the Ignite Sport team to make a difference in the lives of the young people in the Wellington Region.



























































**Frimley Foundation** 

**Tai Shan Foundation** 

**Vavasour Charitable Trust** 

**Ann Sinclair Charitable Trust** 

Winton and Margaret Bear Charitable Trust

**PAC Distribution Group** 

**Longview Trust** 

**Kaibosh Food Rescue** 

**Petone Fruit and Vegetable Co-op** 

# Financial Summary

This simplified statement of accounts covers the financial year ending 31 December 2023

#### **Summary Statement of Financial Performance**

Income	2023	2022	Notes
Donations, fundraising and other similar revenue.	281,020	322,445	
Revenue from providing goods and services.	744,187	944,821	Contracted funding, grants, school contributions, programme and camp fees.
Other revenue.	13,054	7114	
Total Income	1,038,261	1,274,380	

Expenses			
Expenses related to public fundraising.	0	517	
Volunteer and employee related costs.	642,333	649,131	Salaries and wages.
Costs related to providing goods and services.	229,079	196,329	Programme expenses, administration and overhead costs.
Ignite Sport Centre renovation costs.	76,909	552,132	
Other expenses.	15,897	24,122	Includes depreciation.
Total Operating Expenses	964,218	1,422,231	
Surplus/(Deficit)	74,043	-147,851	

#### 2023 Income Sources (TOTAL \$1,043,242)

# 26% 37% 25%



Contracted Funding

Donations/Fundraising

Grants

Other

#### 2023 Expenses (TOTAL \$964,203)

